



To re-ignite the spirit of freedom, The Eden Aquatic & Sports Foundation has organized **Patriotic singing competition** for child members between the age 5 and 12 years on the 15th of August, 2009 at 6.00 p.m. It will be followed by games for the children. Kindly register your names at the reception.

Special dishes for August

- 18-8-2009 - METHI MASALA, PAPAD ROLL
- 19-8-2009 - CHINESE SIZZLER - VEG & NON.VEG
- 20-8-2009 - CHICKEN DUM BIRYANI, VEG DUM BIRYANI (*Mangalorean style*)
- 21-8-2009 - MALAI KABAB - NON.VEG, ALOO TIKKA - VEG
- 22-8-2009 - DRAGON ROLL -VEG & NON.VEG
- GOLDEN FRIED CHICKEN
- 23-8-2009 - BHATKAL BIRYANI -VEG & NON.VEG

The following new dishes are added to the menu:

1. Veg/ Non. veg sizzler
2. Veg lollypop

The interiors of the shuttle court have been painted and the floor has been repaired. During school/ college holidays, the swimming pool, the shuttle and the squash courts will be kept open till 11.00 a.m. The evening timing will remain unchanged. The rules of gymnasium are displayed on the gym notice board. Booking of rooms will have to be done by members only.

New Members: We welcome the following members to the Eden fraternity:

1. Mr. Ashith Kumar Shetty, 'Mamta', IVth 'B' Cross, Mangalore – 575006.
2. Mr. B. Divakar Das Mally, Leela De Farm, Baidyau Adyar, Mangalore – 575009.
3. Mr. K. Aravind Shenoy, 103, Mithila Apts., Near Karangalpad Market, Mangalore – 575003.

With Warm Regards

Santhosh D'Souza

Secretary



The Eden Aquatic & Sports Foundation

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